

The most commonly asked question?

What can I do to end abortion or stop euthanasia from becoming legal?

Anglicans for Life appreciates that none of us acting alone can do it all but if every person in every church did one every day to uphold the sacredness of life, we could make a difference for Life!!

The four recommended steps below have helped many people begin a life-affirming adventure with God!

Step 1 PRAY & DISCERN YOUR CALLING:

Spend time seeking God's guidance and discerning His call for you to do life-affirming work.

Step 2 IDENTIFY YOUR AREA OF INTEREST:

- Abortion**
- Adoption**
- Abstinence**
- After Abortion**
- Stem Cell Research & Cloning**
- Assisted Suicide/End of Life**

Step 3 IDENTIFY ACTIVITY THAT FITS YOU:

- Education**
- Ministry**
- Advocacy**

Step 4 REVIEW LIST OF IDEAS

Adopt one or two activities you can do and make them your personal goals to Make A Difference For Life!

Resources & Publications from Anglicans for Life

Project Life

The first adult 8-week DVD education curriculum that provides an overview of all the life issues AFL addresses!

Embrace the Journey

Our 8-week DVD curriculum focused on helping preparing the Church and parishioners for aging and end-of-life issues.

Quasar Conference

This 3-hour conference will help you learn how to shine a light on the Culture of Death.

Silent No More Awareness Campaign

AFL co-sponsors the SNMA campaign to make the public aware of the devastating impact of abortion on women, men, & families.

Life Leadership Opportunities

We offer two levels of leadership. Life Leaders get life ministry started in the parish, while Chapter Leaders build ministry teams.

Lectionary Life App

Visit the AFL website to subscribe to this monthly resource, written by clergy for clergy, with sermons, prayers, & resources.

Bulletin Inserts

Each year AFL creates an insert with a life-affirming message that can be used for Sanctity of Life Sunday or any other Sunday.

Summit: Mobilizing the Church for Life

Videos from these special conferences are available on our website!

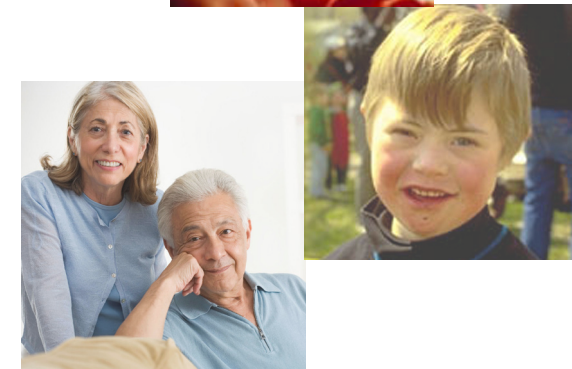
NewsBrief/Carpe Diem

Anglicans for Life keeps people informed both about life issues and ministry news through our regular publications. The NewsBrief is sent via email every month and features only the most critical news stories, Carpe Diem is our quarterly newsletter that keeps you informed about AFL!



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PROTECT LIFE NOW!



AFL Prayer For Life

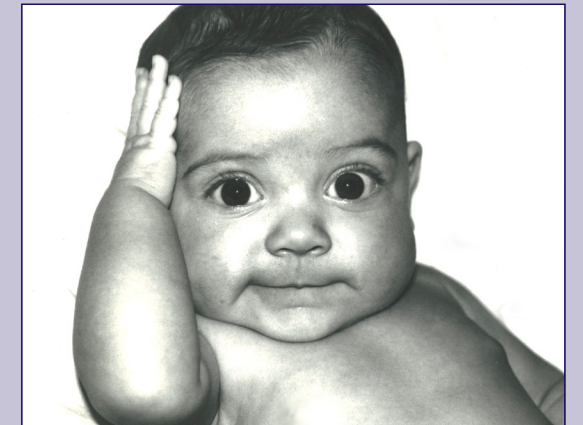
Lord God, thank You for creating human life in Your image.
Thank You for my life and the lives of those I love.
Thank You for teaching us through Scripture the value You place on life.
Help me to uphold the sanctity of life in my church and community.
Give me the strength to stand up to those forces that seek to destroy the lives of those most vulnerable, the unborn, the infirm and the elderly.
Today I commit myself never to be silent, never to be passive, never to be forgetful of respecting life.
I commit myself to protecting and defending the sacredness of life according to Your will, through Christ our Lord.

Amen.



This brochure has been published by Anglicans for Life

WHAT Can YOU Do TO PROTECT Life?



ACTIVITIES

1. PRAY—Join Anglicans for Life Prayer Team. Every quarter you will receive a calendar filled with topics to pray for such as women who are considering abortion, those who have had abortions, the elderly, handicapped, teens, families and the Anglican Church. Pray the AFL Prayer for Life. (Found on back panel)
2. Check out www.AnglicansforLife.org for cutting-edge info, articles, publications, and DVDs—visit us often. Link to our web site.
3. Always carry the number of the local Pregnancy Resource Center in your wallet. 800-712-HELP or OptionLine.org to find local information.
4. Order pro-life checks at www.HH76.org
5. Speak-up for the Biblical value of life at all times, in all situations.
6. Invite someone from the Silent No More Awareness Campaign to share their abortion testimony at your church or home group.
7. Put life-affirming bumper stickers on your car or order “Choose Life” license plates if available in your state: www.choose-life.org.
8. Send Christmas cards that have a life message & benefit life ministry.
9. Set up a bassinet or basket at church to collect children’s and maternity clothing for needy families or a pregnancy center.
10. Communicate with your doctors about abortion & euthanasia, sharing how you value life & asking them where they stand.
11. Send your pastor or Bishop pro-life resources, expressing your belief in the Biblical values of life.
12. Donate life-affirming books to local libraries.
13. Distribute life-affirming literature in public places and at your church.
14. Learn about Planned Parenthood and share info. (www.STOPP.org)
15. Place pro-life literature at the back of your church.
16. Invite friends to hear pro-life speakers.
17. Call in to talk radio shows to speak for life.
18. Request that pro-life prayers be included in church services, offer to write them or request them from Anglicans for Life.
19. Invite your church leaders to join you at local or regional pro-life or AFL programs, events, or activities.
20. Donate regularly to Anglicans for Life!
21. Learn about efforts that marginalize the terminally ill and disabled and learn arguments to defend and protect them.
22. Leave referral information about abortion-after-care programs in public places, especially public restrooms.
23. Learn more about adoption services available in your area, to encourage and promote adoption.
24. Become an AFL Life Ministry Leader and sign up to receive our quarterly newsletters in bulk for your church’s literature rack.
25. Offer to baby-sit for single parents or parents of a handicapped child.
26. Pray specifically and regularly for abortionists and those involved in promoting the pro-abortion viewpoint.
27. Make up ‘Surprise Satchels’ for new moms, filled with baby items, diapers, booties, blankets, and bottles.
28. Educate yourself. Learn the basics about abortion, infanticide, euthanasia, after-abortion healing, chastity, adoption, end of life, etc. using AFL’s PROJECT LIFE curriculum.

IDEAS

29. Keep a few extra copies of *Recall Abortion* by Janet Morana to share with friends who have had abortions.
30. Send letters to hospitals that perform abortions, expressing concern for both the woman and child’s pain.
31. Educate yourself and others on pro-life issues such as abortifacient birth control and the dangers of “Living Wills” using the Anglicans for Life website and other pro-life publications.
32. Visit a nursing home; start a program in your Church that reaches out to the elderly, sick, or lonely in your neighborhood or parish.
33. Share pro-life materials and resources with teens and college students.
34. Sponsor pro-life ads in your newspapers promoting pregnancy resource centers or outreach events.
35. Maintain a file of pro-life literature to pass on to friends and family.
36. Write to corporations, foundations, and organizations that support Planned Parenthood expressing your disappointment and the negative impact their action has on future consumers.
37. Write letters to editors and news-producers in the media encouraging them to report abortion related stories accurately with both sides represented; provide them with useful facts.
38. Collect pro-life books, videos, tapes, magazines, and other materials for a lending library at your church or day care/Sunday school area. Share materials with youth groups.
39. Volunteer to work with local, state, and national pro-life organizations on events or projects of mutual interest.
40. Encourage people to sign Advanced Directives appointing someone to advocate for them if they become incapacitated. AFL recommends signing a “Protective Medical Decisions Document Power of Attorney for Health Care, which can be obtained at 800-958-5678.
41. Call into radio and TV talk shows and ask the pro-life guest questions to give them more air time.
42. Use Social Media (YouTube, email, Facebook, Twitter, etc.) to spread the life message, link to life affirming websites and videos.
43. Wear the “Precious Feet” pin that shows the baby’s feet at 10 weeks after conception, order at Heritage House 800-858-3040.
44. Start an Anglicans for Life Chapter at your church or Diocese.
45. AFL has a Declaration of Life statement that can be adopted by churches or Diocese. Consider asking your Bishop or Priest to introduce this idea to vestry or synod.
46. Help an existing, or start a new, Students for Life group at your local or alumni college. (www.StudentsforLife.org)
47. Develop a Mentoring Moms Ministry with new/experienced moms
48. Learn how to do sidewalk counseling for women before they enter an abortion clinic.
49. Use AFL “Love Offering” envelopes for a Sanctity of Life Sunday collection in church
50. Get trained to present a message of chastity and abstinence to youth at their Sunday School program.
51. Contact like-minded church members & sympathetic clergy & offer pro-life speakers & materials or host workshops, especially in January (Sanctity of Life month), May (Mother’s Day), June (Father’s Day), October (Respect Life month), & November (Adoption Awareness month). Invite the public to any programs you sponsor.

PROJECTS

52. Encourage your church to become active in the sheltering movement for new or pregnant mothers. Collect clothes and other needed articles for mothers and their babies. Begin “play groups” for mothers and babies. Set up a baby-sitting service. Start a list of families who will host a new or pregnant mother for a short time. Contact AFL for help.
53. Find out how to start a perinatal hospice in your community to support and encourage parents who have received a hard diagnosis regarding their unborn child. (www.TheHavenNetwork.org or call 815-877-4931)
54. Volunteer to serve as the Leader and offer AFL’s PROJECT LIFE or EMBRACE THE JOURNEY Adult Formation Curriculums at your church.
55. Get pro-life DVDs and programs showing on your local cable stations.
56. Hold a fundraising event to benefit a pro-life organization.
57. Establish a memorial stone/statue to the pre-born in a local cemetery or on Church grounds.
58. Volunteer at a Pregnancy Resource Center.
59. Sponsor a baby shower for a local Pregnancy Resource Center.
60. Collect pro-life books, videos, tapes, magazines, and other materials for a lending library. Provide appropriate materials for your church youth groups and for Christian Education.
61. Participate in a March for Life; organize a bus load of parishioners to attend on January 22 either at the state or national level.
62. Give a pro-life presentation at your church’s adult Sunday school class.
63. Set up a pro-life booth at your Diocesan Conventions.
64. Order AFL’s Sanctity of Life Sunday Bulletin Inserts as an educational and inspirational resource for your congregation.
65. Participate in the Spring or Fall 40 Days for Life Campaign, featuring fasting and prayer vigils outside an abortion clinic. 40DaysforLife.com
66. Hold a rummage sale to raise funds for a Pregnancy Resource Center.
67. Invite a pro-life speaker to speak in your area or to your church’s adult Sunday school class.
68. Host a booth at a community fair & hand out life-affirming literature.
69. Set up a permanent or seasonal exhibit table at your church using Anglicans for Life pamphlets, brochures and booklets.
70. Offer to organize a pro-life educational program such as AFL’s Quasar Conference and invite the entire community.
71. Ask a church group to host a fix-it jobs day for a local pregnancy center, single moms, or elderly people.
72. Attend a pro-life conference or sponsor a student to attend.
73. Set up pro-life prayer group in your church.
74. Lead or participate in the “Life Chain” held the first Sunday in October, 530-671-5500. LifeChain.net
75. Give roses or carnations on Mother’s Day, with a note attached thanking her for giving life. Remember to include Birth Mom’s who have placed their children with adoptive families.
76. Sponsor a chastity/abstinence program, such as “True Love Waits,” with your youth minister.
77. Encourage priests and bishops to declare the diocese or church to be LIFE-AFFIRMING and have on-going ministry and outreach that respects and protects life.
78. Ask your priest or pastor to preach on the sacredness of life, sample sermons are available on AFL’s website.
79. Post info about life events at the grocery store bulletin board.

EVENTS

80. Encourage more people to get involved in life-affirming outreach by distributing additional copies of this brochure to others!
81. Organize a “walk-a-thon” for a pregnancy resource center or pro-life ministry.

Ideas for Abortion After-Care Ministry

82. If you have experienced an abortion(s), have you gone through a healing program? The most effective people to help others heal from their abortion are those who lead by example. Find ‘help’ resources at AbortionForgiveness.com.
83. Encourage someone who had an abortion to take the first step towards healing by registering their regret and acknowledging their feelings. (www.SilentNoMore.com/regret/index.aspx)
84. Build a network of “help” by locating abortion recovery resources in your area. Visit AbortionForgiveness.org and enter your zip code. Or review the abortion recovery resources at SilentNoMore.com/resources
85. Host an Abortion Recovery program in your church or invite a leader to share her testimony.
86. Help women considering abortion by identifying the nearest pregnancy center in your area and publishing their phone number in your church’s Sunday bulletin along with: “Are you pregnant and don’t know where to go for help? There’s a pregnancy resource center in (name of town). Call them at (phone number) and they will help you.”
87. Help women and men who have experienced abortion loss by identifying the local abortion recovery program in your area and get their phone number. Put an announcement in your church’s Sunday bulletin: “Aftercare is available for those hurting from abortion. Help is available at (name of program); call them at (phone number) and they will help you.”
88. Raise awareness about abortion in your church. One of the Campaign’s goals is to educate the public (both Christian and non-Christian) about the effects of abortion on women and men. Making your pastor, or priest aware of abortion’s impact on women often helps them understand the importance of addressing this issue in the pulpit. Share your testimony or use the testimonies posted at AbortionTestimony.com
89. Get to know the Silent No More’s Regional Coordinator in your area. Invite them to speak at your church. They are listed on the Campaign web site when you click th US flag. If there is no Coordinator in your area, consider becoming one! (You don’t have to have an abortion experience to be an RC.) Visit SilentNoMore.com to request information about this rewarding volunteer opportunity.
90. Partner with the Silent No More Awareness Campaign. You can put a link on your web site to Silentnomore.com, friend the Campaign on Social Media, and post links to our testimonies. AbortionTestimony.com
91. Sponsor a life-affirming billboard in your area (consider a Silent No More Awareness billboard which says, “I regret my abortion,” or another which says, “We regret our abortions”. Include both a hotline and web site for help).
92. Hold a Memorial/Healing Service for those who have lost children to abortion, miscarriage, or still-birth. AFL has liturgies for these services on our website.

Ideas for the Political Minded

93. Vote for only 100% pro-life candidates and encourage others to do so also.
94. Write letters/emails to your representatives, sharing your life values.
95. Hold a voter registration day at your church. PoliticalResponsibility.org
96. Organize a Candidates forum on life issues.
97. Distribute pro-life voters guides in your community.
98. Circulate pro-life legislative petitions to get initiatives on the ballot.
99. Attend public hearings on legislation affecting life and family.