

Abortion recovery resources:

- AbortionForgiveness.org
- [Abortion Recovery Directory](http://AbortionRecoveryDirectory.com), AbortionRecovery.org
- [Option Line](http://OptionLine.org), 800-712-HELP (800-712-4357), toll-free 24 hours a day, 7 days a week, www.optionline.org
- [Rachels Vineyard Retreats](http://RachelsVineyardRetreats.org), 877-HOPE-4-ME (877-467-3463), www.RachelsVineyard.org
- [After Abortion National Helpline](http://AfterAbortionNationalHelpline.org), 866-482-LIFE
- [National Office of Post-Abortion Reconciliation and Healing](http://NationalOfficeofPost-AbortionReconciliation.org), 800-5WE-CARE (800-593-2273)
- [National Memorial for the Unborn](http://NationalMemorialfortheUnborn.org), 800-505-5565, www.Memorialfortheunborn.org
- [Elliot Institute](http://ElliotInstitute.org), www.AfterAbortion.org
- [Hope Alive, USA](http://HopeAliveUSA.org), www.HopeAliveUSA.org
- [Ramah International](http://RamahInternational.org), www.RamahInternational.org
- [Healing Hearts Ministries](http://HealingHeartsMinistries.org) (on-line counseling), 888-792-8282, www.HealingHearts.org
- [Save One](http://SaveOne.org), 866-329-3571, www.SaveOne.org
- [Safe Haven Ministries](http://SafeHavenMinistries.org) (on-line message board, emotional support), www.SafeHavenMinistries.com
- [Man and Abortion Network](http://ManandAbortionNetwork.org), www.lifeissues.org/men/MAN/affiliates.htm

Recommended books for help:

- You're Not Alone**, Jennifer O'Neill
ISBN Number: 0-7573-0168
- Life After Abortion** (Workbook and Video), Jennifer O'Neill, www.jenniferoneill.com
- Forbidden Grief**, Theresa K. Burke
ISBN Number: 0-9648957-8-1
- Forgiven and Set Free**, Linda Cochrane
ISBN Number: 0-8010-5723-X
- Healing a Father's Heart**, Linda Cochrane & Kathy Jones,
ISBN Number: 0-8010-5722-1
- I'll Hold You In Heaven**, Jack Hayford
ISBN Number: 0-8307-3259-4
- SaveOne: A Guide to Healing After Abortion**, Sheila Harper
ISBN Number: 0-9742051-0-9
- Redeeming a Father's Heart**, Kevin Burke, LSW,
David Wemhoff and Marvin Stockwell
ISBN Number: 9781434313676
- Surrendering The Secret**, Pat Layton
ISBN (10): 1574943324

SNMA Campaign products:

Billboards, brochures, bumper stickers, mugs, bookmarks, t-shirts, labels, etc. Contact Heritage House: 800-858-3040, www.hh76.com

www.SilentNoMore.com

A complete list of regional coordinators is posted on the website: www.SilentNoMore.com

www.SilentNoMore.com

Silent **NOMORE** **AWARENESS**



CAMPAIGN

Help us to be silent no more!



Read
Our
Stories



Register
Your
Regret



Follow us
on Facebook

Campaign Co-Founders

Georgette Forney
President, Anglicans for Life
Georgette@SilentNoMoreAwareness.org
800-707-6635

Janet Morana
Associate Director, Priests for Life
Janet@SilentNoMoreAwareness.org
888-735-3448

Campaign Pastoral Director

Rev. Frank Pavone
National Director, Priests for Life
Mail@PriestsforLife.org
888-735-3448

Campaign Pastoral Associate

Kevin Burke, LSW
Kevin@SilentNoMoreAwareness.org
888-735-3448

Experience overrides theory...

"I was under pressure, the daddy didn't want it, he was making threats...but right after I did it, I began to wonder: did the baby feel it? Did it hurt? Was it a boy? Was it a girl?"

– Dr. Alveda King, niece of Dr. Martin Luther King, Jr.

"As I lay there and listened to the vacuum cleaner suction out my baby, not only did the baby die, but a part of me died that day also."

– Jennifer
"My life just started spiraling down in destruction, and I attempted suicide three times."

– Sabrina
"Abortion did not end my pain. It began it."

Men hurt too...

"I didn't defend the life of my own daughter. Based on misinformation, selfishness, fear, shame, I let her die to an abortionist's knife and I died the same day."
– Scott

The impact of the Campaign...

"By bringing this out into the public, I want women who are suffering to know that they can be healed. I want them to know that the train wreck of thoughts, disjointed feelings, and the years of depression are normal after abortion. I want them to know they are not the crazy ones."
– Ann Marie

"I am truly a different person since I have given up my secret of abortion. My desire is that other men would experience the same freedom I now have. The only way for other men to do this is to know, through hearing stories like mine, that freedom is available to them. I am committed to sharing my story whenever and wherever I believe it will help facilitate the healing process in others. I have been tremendously blessed seeing others set free through my sharing. It is not about me, it is about the power of our Lord and Savior Jesus Christ changing lives and redeeming what satan meant for harm."
– Jerry

"As we were journeying for the last four or five years what kept welling up in my heart is where are all the men and women who have had the same experience as myself? Would that one day we would gather together and stand up and speak the truth about what abortion really does to men and women, to families, to the children that die. Now here we are, standing up and being silent no more."
– Angelina

www.SilentNoMore.com

If you know someone who has had an abortion experience, please share this brochure with them.

What is the Silent No More Awareness Campaign?

Silent No More Awareness is a Campaign to make the public aware of the devastation abortion brings to women and men. Abortion is a sensitive and deeply painful experience of loss suffered in silence and isolation. Through the power of public witness this international campaign proclaims to our world the truth about abortion offering freedom from the secrecy, shame and pain. The Campaign is a project of Priests for Life and Anglicans for Life.

What are the goals of the Silent No More Awareness Campaign?

- **Reach** out to people hurt after abortion, encouraging them to attend abortion recovery programs.
- **Educate** the public that abortion is harmful emotionally, physically and spiritually to women, men and families, so that it becomes unacceptable for anyone to recommend abortion as a "fix" for a problem pregnancy.
- **Share** our personal testimonies of suffering and healing to help others avoid the pain of abortion and give hope to those still struggling with abortion pain.

How does the Silent No More Awareness Campaign raise awareness?

- **Gatherings** are held in public places nationwide where women and men share their testimonies of abortion loss and recovery. Log on to the website for the most current list of events.
- **Women and men share their testimonies** at churches and other events. Individuals share their testimonies in personal settings, publish articles, op-eds and letters to editors.

- **Campaign Celebrity Spokespersons - Singer Kelly and Matt Clinger;** Julia Holcomb (former partner of singer/

songwriter **Steven Tyler** of Aerosmith and mother of their aborted son); **Jennifer O'Neill** (actress, model and author) and **Alveda King** (niece of **Dr. Martin Luther King**) frequently appear on television and radio shows and speak before thousands of people sharing the negative impact of abortion in their lives.

Campaign Celebrity Spokesperson

Alveda King



Campaign Celebrity Spokesperson Jennifer O'Neill.

- **We use Facebook, Twitter, Internet** (with the largest collection of video and written testimonies on the web) and print media to promote the goals of the Campaign message.
- **Campaign Advertising:**
 - **Billboards**
 - **Commercials**
 - **Campaign DVD** featuring full length testimonies, commercials and video presentations.
 - **Newspaper Ads**
 - **SNMA Campaign products:** Billboards, brochures, bumper stickers, mugs, bookmarks, t-shirts, labels, etc. can be purchased at Heritage House: 800-858-3040, www.HH76.com

Why do we need a Silent No More Awareness Campaign?

Many women and men are realizing the abortions they were involved in years ago have a connection to the physical and emotional problems they struggle with today. The Campaign gives them a forum to help others by sharing the painful consequences of abortion.

Women and men talk about feeling guilt, anger, shame, and worthlessness. They tell how they struggled with suicidal thoughts, drug/alcohol addiction to numb the pain, eating disorders or depression. Most importantly, they share their experience in finding peace and healing.

These voices of experience are a powerful response to the lies and misinformation that abortion is a good solution for someone facing an unplanned pregnancy. They present a very credible witness from first-hand experience to help the people of our world understand the real long-term consequences of abortion.



Campaign Celebrity Spokespersons Kelly & Matt Clinger.

Is the Silent No More Awareness Campaign trying to end abortion?

We believe that abortion should be unnecessary and unthinkable. While abortion must be addressed on many fronts – including the legal, political, and ethical arenas – the Silent No More Awareness Campaign addresses abortion by personal testimony that touches hearts. Evidence of the damage abortion does to women, men and others will help persuade society that women in an unexpected pregnancy deserve better than abortion.



How can I be Silent No More?

- **Go online to SilentNoMoreAwareness.org/** join and register to get the monthly Campaign updates. Join the thousands of women and men already registered with the Campaign to be silent no more.
- **A list of Campaign Regional Coordinators** is also posted on the website. If there isn't a Coordinator in your area, please contact the co-founders about becoming one!
- **Share your abortion testimony** with the Campaign.
- **Register your regret** - Often a first step in healing is acknowledging our abortion pain and grief: IRegretMyAbortion.com
- **Create a memorial** for your child[ren]: UnbornMemorials.com

www.SilentNoMore.com